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 Diplomate, American Board of Neurological Surgery
 Fellowship Trained, Complex Spine Surgery
 Minimally Invasive Spine Surgery
 Artificial Disc Replacement
 Stereotactic Radiosurgery
 General Neurosurgery

The following are a list of medications that have been prescribed to you for your stem cell procedure. Please read the instructions carefully. Notify the office with any questions.

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Services
 Complex Spine Surgery
 MIS: Minimally Invasive Spine Surgery
 MIS: Alternatives to Fusion
 MIS: Alternatives to Surgery
 Artificial Disc Replacement
 Stem Cell Therapy
 Correction of Spinal Deformity
 Correction of Scoliosis
 Outpatient Kyphoplasty
 Cervical Spine Disease
 Lumbar Spine Disease
 Skull Base Surgery
 Endoscope Assisted Surgery
 Acoustic Neuroma
 Brain Tumors
 Cerebral Aneurysms
 Stereotactic Radiosurgery
 Pituitary Adenoma
 Trigeminal Neuralgia
 Workers' Compensation

A member of:
SENTA Neurosurgery:

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 Monali Patel, M.D.

	Name	Type of Medication	#	Instructions
1	Oxycodone IR 5mg	Opioid pain medication	20	Take one tablet by mouth every 4-6 hours as needed for pain. -On the day of your procedure, take one tablet by mouth when instructed by staff , one hour prior to procedure.
2	Valium 2mg	Anti-anxiety	2	This medication is taken only on the day of your procedure. -Take one tablet by mouth one hour prior to checking in for your stem cell procedure, preferably with a light meal. -Take the second tablet by mouth when instructed by staff , one hour prior to procedure.
3	Flexeril 10mg	Muscle relaxer	40	Take one tablet by mouth 3 times a day as needed for muscle spasms. -Start the night before your procedure.
4	Tylenol 500mg (Acetaminophen)	Analgesic pain reliever	25	Take two tablets by mouth every 6 hours for pain. -Start the night before your procedure and continue for 5 days after.
5	Zofran 4mg Ready tabs	Anti-nausea	12	Bring Ready tabs with you to your procedure. -On the day of your procedure, take one Ready tab under tongue when instructed by staff . DO NOT TAKE PRIOR TO PROCEDURE UNLESS INSTRUCTED BY STAFF.
6	Colace 100mg	Stool Softener	30	Opioid pain medications can cause severe constipation. Patients are encouraged to take one tablet by mouth daily for constipation while they are on Norco.
7	Keflex 500mg	Antibiotic	10	One tablet by mouth twice a day x 5 days. -Start antibiotics the day before your stem cell procedure. -On the day of your procedure, take one tablet when instructed by staff , one hour prior to procedure. Take the second dose in PM. -Continue and complete the 5-day course of antibiotics.